



Thrill The World's Thriller Teaching Videos

We recommend you go through the videos in the order presented in the DVD. Take your time with each clip before moving on.

Supporting Documents

- This document
- TTW Official Dance Script.pdf
- TTW Thriller Song Variations Inventory.pdf
- 11 TTW mp3 track variations (on line at www.thrilltheworld.com/learn/audio)

IMPORTANT BREAKDOWN OF THE LESSONS:

Lessons 1 – 8

- There are a total of 8 choreography sections that are used in the Thrill The World choreography.
- Each lesson is approximately 32 counts long, which equals one verse or one chorus.
- Each lesson contains 4 video clips (except Lesson 1 which only required 3).
- Get comfortable with each choreography section before moving on to the next lesson.
 - Demo: view the section of the dance you are about to learn
 - Break It Down: go through the choreography step-by-step. The movements are not repeated as often as when you are in a workshop with a real-life instructor in front of you so pause and rewind to practise the moves as often as you need to.
 - ! Remember ! : tips and details on things to remember for this lesson
 - Dance With Me: now run this entire section of choreography to the song which has the Dance Script cueing dubbed over top of it. The track used here has been slowed down (titled “really slow”) to make it easier to do the movements while you learn.



DISC 1

FIRST MENU SCREEN

- Watch This First: a message from Ines to prepare you in using these DVDs
- Warm-up: simple movements to get your body moving
- Zombie Practise: a few basic moves before you jump into the lessons
- Thank you

SECOND MENU SCREEN

- Demo Full Dance: watch the full dance, as if you are the audience to get a sense of what you're working toward
- Lesson 1 - Zombie March - Demo
- Lesson 1 - Zombie March - Break It Down
- Lesson 1 - Zombie March - Dance With Me

THIRD MENU SCREEN

- Lesson 2 - March Booty Swim - Demo
- Lesson 2 - March Booty Swim - Break It Down
- Lesson 2 - March Booty Swim - ! Remember !
- Lesson 2 - March Booty Swim - Dance With Me

FOURTH MENU SCREEN

- Lesson 3 - Shuffle Ha Slide - Demo
- Lesson 3 - Shuffle Ha Slide - Break It Down
- Lesson 3 - Shuffle Ha Slide - ! Remember !
- Lesson 3 - Shuffle Ha Slide - Dance With Me

FIFTH MENU SCREEN

- Lesson 4 - Hip N' Roar - Demo
- Lesson 4 - Hip N' Roar - Break It Down
- Lesson 4 - Hip N' Roar - ! Remember !
- Lesson 4 - Hip N' Roar - Dance With Me

! Make sure are comfortable with all 4 Lessons on Disc 1 before moving on to Disc 2 !



DISC 2

FIRST MENU SCREEN

- Lesson 5 - Wuz Up - Demo
- Lesson 5 - Wuz Up - Break It Down
- Lesson 5 - Wuz Up - ! Remember !
- Lesson 5 - Wuz Up - Dance With Me

SECOND MENU SCREEN

- Lesson 6 - Oh Snap Rock On - Demo
- Lesson 6 - Oh Snap Rock On - Break It Down
- Lesson 6 - Oh Snap Rock On - ! Remember !
- Lesson 6 - Oh Snap Rock On - Dance With Me

THIRD MENU SCREEN

- Lesson 7 - Head N' Shoulders - Demo
- Lesson 7 - Head N' Shoulders - Break It Down
- Lesson 7 - Head N' Shoulders - ! Remember !
- Lesson 7 - Head N' Shoulders - Dance With Me

FOURTH MENU SCREEN

- Lesson 8 - Stomp - Demo
- Lesson 8 - Stomp - Break It Down
- Lesson 8 - Stomp - ! Remember !
- Lesson 8 - Stomp - Dance With Me

FIFTH MENU SCREEN

This is intended to be used AFTER you learn the choreography in Lessons 1 – 8

- **The Whole Package – Instruction:** once you've learned each lesson you'll learn the order of the entire dance and a few places where there are specific nuances/ changes
- **Dance With Me – Really Slow:** when you are comfortable with the 'whole package – instruction' practise with the full dance run, to the really slow track. Make sure you say the words while doing it as it will help in the long run.
- **Dance With Me – Regular Speed:** upgrade to regular speed when you are confident with the "really slow". Track "09 TTW Thriller.mp3" is what we will be using at ALL events, so practise saying the words without cueing track.
- **Music Video Comparison**
So you're wondering why the Thrill The World version is not EX-ACT-LY like the music video...? This clip will explain.